



Mu-Xing Zone Therapy

Date: February 26 & 27, 2012

Time: 9:00 am—3:00 pm daily

Location: GotYourBack

Instructor: Karin Hampton & Susan Hanna

Cost: \$250

CE Hours: 12



Workshop Description

Mu-Xing Zone Therapy is based on the theory of Zone Therapy and Reflexology techniques. This therapeutic compression massage is applied to the hands & feet through the application of direct pressure, utilizing Mu-Xing tools.

What you will learn

- history of Zone Therapy and Reflexology
- theory and principles of Mu-Zing Zone Therapy
- benefits and contraindications
- techniques using both hands and Mu-Xing tools

learn and perform a therapeutic session

What to Bring

Set of sheets

Mu-Xing Kit

8 oz. bottle of oil

Pen and paper

About the Instructor

Karin Hampton and Susan Hanna co-founded Advanced Education Systems, a national continuing education provider offering a variety of classes for Massage Therapists and Bodyworkers.

Karin taught as lead instructor at the National Massage Therapy Institute in Wilmington, Delaware. She instructed many different aspects of the massage field, including anatomy, physiology, kinesiology, theory and techniques.

Susan Hanna is a nationally certified massage therapist and aesthetician. Susan worked as an instructor at The National Massage Therapy Institute in Wilmington, DE where she taught anatomy, physiology, kinesiology, theory and principles of massage.

To Register call (800) 677—9830 or go to our web site www.gotyourback.com
521 East Hector Street • Conshohocken, PA 19428