



Nirvana 2n1 Massage Tables

Nirvana™
User Guide

Congratulations on the purchase of your new Nirvana 2n1 Massage Table! The Nirvana combines beauty, ergonomics and unprecedented comfort at an affordable price for the first time ever! Your Nirvana Table is designed to last for several years when cared for as detailed in this User Guide.

SETTING UP THE NIRVANA

Release the latches and partially open the table. Standing behind the table, grasp the handles of the table and swing outward to open fully. The legs will automatically open and at this point you can turn the table upright. Make sure after each use you remove any slack in the cables by carefully lifting one end of the table.

*Note that at times during daily use and/or shipping, one of the short cables can become twisted. The table may look like its' peaked in the center, this is not a defect. It can be corrected by placing the table on its side and closing the legs approximately HALF WAY. Grasp the twisted cable and rotate it in either direction until the cables do not overlap.

ADJUSTING THE HEIGHT OF YOUR NIRVANA

Unscrew the wooden knob on each leg and adjust to the desired height. Make sure that all four legs are at the same height and screw knob TIGHTLY back in place.

REMOVAL AND REPLACEMENT OF BREAST RECESS PAD

If your preference is to start your clients in the prone position face down first, simply remove the pad before the client lies down and prepare your table with sheets, table warmer and other products you enjoy using. We recommend leaving the breast pillow out when your client turns over; this will allow you greater access to the neck and shoulder area. When you are finished gently lift the clients head with your hand and replace the pillow over or under the sheet. This sequence allows for smooth, easy and seamless

transition from front to back. If you start your massage with your client face up when you are ready for them to turn over lift their head with your hand and pull out the pad and have them turn over.

HEADREST AND STORAGE

To use the headrest, insert dowels into the headrest outlet holes at the head of the table. Adjust the height according to client comfort and turn handles on headrest in downward position to lock. The removable cushion may also be adjusted. Just remove the cushion, adjust to the desired width and reposition on the platform. To remove the headrest, turn handles in upward position to release and gently slide headrest out of dowels. The headrest can be stored underneath your Nirvana Table. Before storing and placing back under table, remove the cushion which is also stored under the table. Secure both pieces to the Velcro patches located under table.

MAINTAINENCE CHECK

We suggest that you check the screws and the bolts of your table about every six months and tighten if necessary.

TESTING AND SAFETY

The Nirvana has already been tested and easily passes a 400lb drop test.

UPHOLSTRY CARE

Keep Nirvana and all related table products out of extreme cold or heat as this may damage the upholstery. Do not store in a car as temperature can be extreme in this climate. Keep your Nirvana Table in its carry case at all times when not in use to protect and preserve upholstery.

WOOD CARE

The Nirvana is made of beech wood and is finished with a lacquer that requires minimal if any, care. If desired, it can be waxed or

polished with a quality wood product. It is important to keep the Nirvana dry and out of wet or damp environments.

CLEANING

Remove day to day dirt and smudges with a mild soap and warm (not hot) water. Many stains can be removed easily with a nonabrasive, all purpose household spray cleaner such as Simple Green, Fantastic or Formula 409. Do not use Armorall or similar substances as they may damage the upholstery.

LIFETIME LIMITED WARRANTY

Nirvana guarantees the Nirvana 2n1 Table, excluding the upholstery and foam, against defects in material and workmanship for as long as you, the original purchaser, own the product, or for 5 years after the model is discontinued. The foam and upholstery are guaranteed for two year from date of purchase however, this does not include damage caused by misuse, neglect nor accidents which include tears in the upholstery and damage caused by harsh chemicals used for cleaning. The warranty is limited to product repair or replacement at Nirvanas' discretion. You are responsible for shipping the table back to our factory for any warranty claim. Nirvana will return the product shipping prepaid in the Continental USA. International customers will be responsible for all shipping charges both inbound and outbound, as well as any applicable taxes.